

WINDSOR TEAM CARE CENTRE (WTCC) REFERRAL FORM



Complete first page of referral form only

2475 McDougall St, Suite 150, Windsor, ON N8X 3N9

Phone: 519-250-5656 Fax: 519-250-3894

www.windsorfht.ca

Our Mandate: Provide multidisciplinary care in collaboration with Primary Care Providers in Windsor-Essex for patients with chronic conditions, mild to moderate mental health, and addictions through team-based allied health.

Patient Information			Date of Referral:		
Name: (First, Last)			Address:		
Date of Birth:			OHIP #:		
Phone: (H) (M)			Email:		
Language:	<input type="checkbox"/> English <input type="checkbox"/> French <input type="checkbox"/> Other:	Sex:	<input type="checkbox"/> Male <input type="checkbox"/> Female <input type="checkbox"/> Decline	Gender Identity:	
Patient provided verbal consent to participate in Team Care? <input type="checkbox"/> Yes <input type="checkbox"/> No			Patient provided verbal consent for Team Care to leave a confidential voicemail? <input type="checkbox"/> Yes <input type="checkbox"/> No		

Please review service descriptions, inclusion and exclusion criteria on page 2 or at www.windsortcc.ca. Individuals should exhaust all third-party healthcare insurance prior to referral.

Services Requested (Service descriptions and criteria are explained on page #2)

Please identify requested services by checking the boxes below for WTCC programs.

- Addiction Counselling
- Dietitian/Nutrition Counselling
- Foot Care
- Lung Health (including Pre/Post Spirometry)
- Memory Clinic
- Mental Health Care
- Musculoskeletal (MSK) Health
- Oral Health Education Program
- Pharmacy/Medication Reconciliation

Reason for Referral/Notes:

Requested Documentation/Attachments

- Patient Medical Profile *(all referrals)*
- Recent Imaging *(MSK Health)* N/A
- Primary psychiatric diagnosis & co-morbidities, including addictions & pain disorders *(Mental Health Care)* N/A
- Psychiatry consultation notes *(Mental Health Care)* N/A

Provider Stamp:

The Windsor Team Care Centre is a program of the Windsor Family Health Team and funded by the Ministry of Health.

WTCC Program Descriptions

Mental Health & Addictions Care

For individuals age 16+ with mild to moderate mental health conditions, substance use and/or harmful addictive behaviours. Includes assessment & diagnosis, treatment recommendations, medication management & follow up, and counselling/psychotherapy.

Exclusion Criteria: active mania or psychosis, schizophrenia, active eating disorders, receiving care from a psychiatrist/CMHA/ACT Team, dual diagnosis (intellectual disability/severe Autism Spectrum Disorder), or related to a WSIB claim.

Medical Management

- In-depth mental health assessments, short-term medication management, treatment recommendations and/or establishment of a plan of care.
- Individuals are followed, monitored and supported throughout their time with WTCC (maximum of 1 year).
- Provided by Nurse Practitioners and consulting Psychiatrist.

Note: Direct referrals to psychiatry are not accepted.

Counselling/Psychotherapy

- Individual counselling using multi-model approach including CBT, DBT, Solution Focused Therapy, Narrative Therapy, Mindful Based practice and stress reduction (based on client needs).
- Group programs offered on an as needed basis.
- Provided by RSWs and Registered Psychotherapists, including collaboration with Family Services Windsor-Essex.

Addiction Counselling

- Individual counselling for substance use, problematic gambling, and/or harmful addictive behaviours.
- Harm reduction or cessation in substance use approach with non-faith based or spiritual model of care.
- 5-week outpatient One Team Recovery group program.
- Self-referrals are accepted.
- Provided by Canadian Certified Addiction Counsellors.

Allied Health

Health and psychosocial support with a focus on wholistic care for mental health and addictions, complex chronic conditions, and preventative care. Open to all ages (except where indicated).

Dietitian/Nutrition Counselling

- Education and counselling to individuals with: diabetes, gastrointestinal issues, weight management for a BMI greater than 30, and other chronic conditions.
- Provided by Registered Dietitians.
- For individuals without private coverage.

Foot Care

- Diabetic foot assessments, treatment for current problems and preventative care for foot health.
- Education to patients on how to properly care for their feet.
- Provided in collaboration with Windsor Essex Community Health Centre (weCHC) by a Foot Care Nurse.
- For individuals without private coverage.

Lung Health

- Respiratory assessments and spirometry testing (pre/post), COPD and Asthma education.
- STOP smoking cessation program (includes 26-weeks of free nicotine replacement and supportive counselling).
- Provided by a Registered Respiratory Therapist in collaboration with the Asthma Research Group Inc.

Memory Clinic

- Inter-disciplinary team assessment of memory function, with recommendations for labs and diagnostics, treatment, and driver safety.
- Education/comprehensive support to patients and caregivers for high quality dementia care and medication management.
- Individuals over 55 years of age with new onset memory and/or cognition issues not related to an Acquired Brain Injury (ABI) or a psychiatric diagnosis.

Musculoskeletal (MSK) Health

- Support for managing chronic pain, neurological disorders, chronic diseases, mental health conditions and weight management.
- Provides musculoskeletal assessments; postural evaluation and education; fitness and activation for weight loss and low mood; exercise prescription with a focus on self-efficacy; manual therapy; and gait assessment and re-training.
- Excludes acute injury or post-surgical rehabilitation.
- For individuals without private coverage or WSIB/MVA claim.

Oral Health Education Program

- Oral health assessment including oral cancer screening, visual assessment of teeth and gums, and cavity risk check.
- Preventative treatments as needed for cavities, arresting progression of already formed cavities, and hypersensitive teeth.
- Oral health education on various topics based on client need.
- Connections to community referrals are provided.
- For individuals without private coverage.

Pharmacy/Medication Reconciliation

- Medication reconciliation for patients with multiple conditions and/or under specialist care.
- Identifies and resolves drug-therapy problems, including polypharmacy, non-adherence, and drug-drug and drug-substance interactions.

Referral to the WTCC will involve:

- Confirmation of eligibility based on individual program criteria and prior program participation.
- Intake/assessment which may identify and match patients to allied professional care based on their health & psychosocial needs.
- Prioritization based on chronic and complex needs.
- Provision of consultation notes to PCPs with confirmation of services provided, assessment findings and recommendations.
- Navigation supports and suggested referrals to other health and social services.

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