

PARTNERS IN PRIMARY CARE

Newsletter



WINDSOR
TEAM | CARE | CENTRE

New MSK Health Program

The Windsor Team Care Centre is merging its Physiotherapy and Kinesiology services into the new Musculoskeletal (MKS) Health program.

The MSK Health Program will be open to referrals from affiliated PCP's and focused on assisting clients with managing chronic pain, neurological disorders, chronic diseases, mental health conditions and weight management. Acute injury or post-surgical rehabilitation will continue to be exclusion criteria for the program.

The MSK Health Program will be delivered by a Registered Kinesiologist working in consultation with Physiotherapy.

The program will include the following services:

- musculoskeletal assessments;
- postural evaluation and education;
- fitness and activation for weight loss and low mood;
- exercise prescription with a focus on self-efficacy;
- manual therapy;
- gait assessment and re-training; and,
- kinesiology taping.



Daniel Szymanski, Anna Fiorito, Nathan Atkinson
Registered Kinesiologist Registered Physiotherapists

Please note with this program change, the Windsor Team Care Centre will no longer be providing ongoing therapy for clients rostered to a physiotherapist. A physiotherapist will provide case consults and one-time assessments where required based on any changes in your patient's disposition, or in order to guide ongoing care by our team Kinesiologist.

Referrals to the MSK Health Program can be made through the Windsor Team Care Centre Ocean e-Referral form or by e-Fax - downloadable on the Team Care Centre website at www.windsortcc.ca/provider-resource. To help guide care towards your patient's need, please include the reason for seeking care in the notes, a Cumulative Patient Profile (CPP) – as well as recent diagnostic imaging, where applicable.

If you haven't already, update to our **NEW e-fax referral form** today!
Access the form under "**Provider Resources**" on our website.

Team Care Centre Expands with Oral Health Education Program

The Windsor Family Health Team has launched a new Oral Health Education Program funded by the Windsor-Essex Community Foundation and Green Shield Canada, available free of cost to patients/clients without private dental insurance.

The program provides patients with oral cancer screening, a visual assessment of teeth and gums, and a cavity risk check.

Preventative treatments on an as needed basis are provided including Fluoride Varnish application and Silver Diamine Fluoride, arresting the progression of an already formed cavity in primary or permanent teeth. Treatments provided through the program can help decrease dental sensitivity.

Prevention is a key focus of the program providing education to patients to support better oral health self-management. This includes health teaching on Brushing & Flossing, Smoking/Vaping Information, Dry Mouth Management, Prenatal and Infant Oral Health, Periodontal (Gum) Disease, Youth and Adolescent Oral Health, Caries and Decay Process Information, and Oral Cancer.

To improve oral hygiene practice, clients will leave their appointments with an oral health plan, community referrals to access dental services and oral hygiene provisions, including toothbrushes, tooth paste, dental floss, etc.



Jennifer Ridsdale, RDH
Oral Health Educator

“Assessing for oral cancer and general oral health can have a significant and positive impact on patients without access to regular dental care. I help identify areas of concern at early stages and provide patients with the information and tools they need to improve and manage their own oral health going forward.” says Jennifer Ridsdale, Windsor Family Health Team Oral Health Educator.

Primary Care Providers can now refer to the Oral Health Education Program through the Windsor Team Care Centre Ocean e-Referral form or by e-Fax - downloadable at windsortcc.ca/provider-resource.

The Oral Health Education Program is also being made available through key community partners on an outreach basis, including Windsor Regional Hospital’s In-Patient Acute Mental Health Unit and Erie Shores HealthCare/Windsor Essex OHT Mobile Medical Support Unit. This targeted outreach helps deliver oral health services to at risk communities and people who otherwise may not have access to preventative dental care.

For more information visit: <https://windsortcc.ca/programs-services/oral-health-education/>

